HABITS

by Jonathan Olvera

Life is supposed to be simple. It really is not all the time. People have to struggle just like I do to take care of things that need attention. It is difficult. Sometimes it's scary. I had to make a decision: I was going to be a strong person for myself. That's when I discovered I had to learn the difference in my habits. I needed to make a change within myself. I needed to grow up; I needed to figure out how I was going to move forward. I needed strength as a young man. I needed work, so I tried to make extra money by cleaning. In my sober character, I discovered I could do more. I could use my head and communicate with people. I had good ideas; I could write books.

I'm glad that early in my life, on my path and journey, I learned to develop good habits. I aimed to make excellent conversations and be good company. It makes a difference. Health is something you only get one of. If you can't take anything home at the end of the day, you can take home the decisions you made to maintain a healthy character. I have discovered that it would be best for my partners, even for my cat and my dog.

Everyday life has obstacles: washing the dishes, looking for work, staying clean, taking a shower, using correct language, picking up the yard, and being a good neighbor. Sometimes it's not always good to have certain habits. I maintain my attitude; it's not easy to have a positive attitude all the time. I have made a decision to keep a good attitude. I've been doing it for a long time. I like my good attitude, and I'm going to keep it. That's my decision.